

小学校本关系和性教育项目：背景、机制和结果

School-Based Relationships and Sexuality Education Programmes in Primary Schools: Contexts, Mechanisms and Outcomes

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【摘要】 本文介绍了关于人际关系和性教育对小学项目有效性的文献综述的结果。该审查采用基于现实主义评估的理论生成方法，深入研究文献，以确定可能影响计划有效性的背景、机制和结果。研究人员、评估人员、RSE 程序设计师和实践者会对本文感兴趣，因为研究结果提供了一个因素（变量）目录，可以考虑在未来的程序评估中应用这些因素（变量）并包含在程序逻辑模型中。它确定了将儿童的声音纳入研究的机会领域，并指出需要进行纵向研究来解决人际关系和性教育的背景和时间敏感性。

【关键词】 人际关系与性教育；性教育；小学；性健康和福祉

[Abstract] This paper presents findings from a literature review on relationships and sexuality education for primary (elementary) school programme effectiveness. Using a theory-generating approach informed by realist evaluation, the review takes a deep dive into the literature to identify contexts, mechanisms and outcomes likely to influence the effectiveness of programmes. This paper will be of interest to researchers, evaluators, RSE programme designers and practitioners as findings provide a catalogue of factors (variables) that can be considered for application in future programme evaluations and for inclusion in programme logic models. It identifies areas of opportunity to incorporate children's voices into research and points to the need for longitudinal studies to address the context- and time-sensitive nature of relationships and sexuality education.

[Key words] Relationships and sexuality education; sex education; primary school; sexual health and wellbeing

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